

## The Importance of Math in Everyday Life

1. Helps build problem-solving skills
2. Better understand finances, time, and measurements
3. Math helps develop analytic and reasoning skills
4. It is used in all areas of life from sports to music to building
5. Math explains how the world works
6. It sharpens your mind


Tips to Engage your Children at Home

- Encourage counting and comparing objects at home! For example, count how many chairs are at your table.
- Collect items to sort them with your child.
- Play matching games
- Play various card and dice games
- Follow recipes to cook and bake
- Use flashcards
- Count money \& tell time
- Play math related games online
- Math puzzles

Math Allows Thinking to Happen

## Research Suggests...

-Mathematics is unavoidable. It is an essential part of our daily lives.

- "We use the tool of computation to quantify our world" Harry T. Roman
- Math is not a skill we are born with. It must be taught, learned, and practiced

- Math is a skill that is consistently becomes more complex. If a basic concept is not understood, it is difficult to progress.
- Real-life connections need to be made in order for children to see the value in math - Math can become stressful and intimidating very quickly. It is important that pressure surround the subject is less forceful and more engaging

Berch, D. B. (2009). Why is math so hard for some children?: The nature and origins of mathematical learning difficulties and disabilities. Baltimore, MD: Brookes.

